

And all this in a month when more people ran 26.2 miles than ever before. It is amazing how you can not get tired at all, even when you run for a week. I never thought I could run 26.2 miles in a month.â€ Ben Squiners ran 26.283 miles in four days at 1.179 miles per hour. He realized that his mind and body must be tired. â€œI felt desire in my chest, and for the next four days I just wanted to run,â€ he said. â€œI walked most of the way, and the rest of the way was in a truck that was traveling at a speed of 3.5 miles per minute. There could be no more doubt. I've run almost two-thirds of the way from Montana to Utah and still feel tired. I would never want to go back." After those two-thirds of the route, Squeeners managed to enter the 24 Mile race in Utah, where he finished eighth, improving on his previous 2.3 mph record. He then traveled to Australia and received a bronze medal in the Super 24 Mile. â€œI didnâ€™t have the time or the fitness to run marathons or watch the races I was in, but I saw it was a lot of fun and I was excited,â€ he says. â€œDepending on your style, you can run one mile in twenty minutes, or walk a mile in sixty-five minutes, or climb a hill in sixty seconds.â€ Skvineres' older sister, Hannah, also successfully ran 22.2 miles in Minnesota, setting the U.S. senior record. â€œItâ€™s very hard, I really felt tired, because I didnâ€™t walk for a whole month. My condition worsened, I began to lose weight, and it was very painful,â€ she says. Ben and his sister got to Utah by bus, and his father drove them to the house where they lived. Three days later, he went on

tour as usual to watch his father train. But this time he couldn't get inside. His father was dead. Hannah was speechless. Ben's father was one of those who made the Utah name famous over the last century. He was also known as

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